

Vouchers available for gifts.

Meditation for Relaxation and Wellbeing

Enquire at reception for more details

You can't stop the waves, but you can

learn to surf."

Jon Kabat-Zinn

'Yield to life, yield to the inner urge to heal, and enjoy natural health and well being'.

Anon.



Support for Patients

We take time to listen.

All our therapists recognise that no two people are the same, and we respect the individual needs of their patients, by offering them the choice to use self care for

- Prevention of symptoms
- Management of stress
- Maintenance of well being

Free consultations are available with any of our therapists.

OPEN FIVE DAYS A WEEK

Emergency Chiropractic appointments available every day.

Rose and Crown Clinic
6 South St
South Molton
N Devon, EX36 4AA

For more information visit our website:
www.roseandcrownclinic.co.uk
Tel: 01769 572608

ROSE AND CROWN CLINIC

The Clinic with a Heart

6 South St
South Molton, N Devon EX36 4AA



Established since 1989
www.roseandcrownclinic.co.uk

Tel: 01769 572608

The Rose and Crown Clinic

The Rose and Crown has developed from a family home into a thriving clinic over 20 years. Its aim is to be seen as 'The Clinic with a Heart', where patients can choose between different approaches in Complementary Medicine, and receive help and guidance in self care.

Frank Loftus DC MMCA

Chiropractor McTimoney Approach

Having farmed after leaving school, Frank retrained in his late 40's as a chiropractor (McTimoney approach). He began practising in his own home, and has been running the Rose and Crown Clinic for the last 20 years. He loves walking and studying philosophy.



Anne Hext BSc (Hons) Chiro DC MMCA

Chiropractor McTimoney Approach

Anne first worked in the Health and Fitness industry, and specialised in remedial support for two years. As a sports enthusiast she suffered injuries that needed chiropractic attention. This inspired her to follow her calling in chiropractic completing five years study and gaining a first class honours degree.



Emily Van Wyk BSc (Hons) Chiro DC MMCA

Chiropractor McTimoney Approach

Emily first discovered chiropractic as a patient after falling off a horse. She went on to finish her degree in Classical Studies before training as a chiropractor, and has an interest in sports injuries and rehabilitation.



Shona Loftus DC MMCA

Chiropractor McTimoney Approach

Shona qualified in 1998 and practiced at the Rose and Crown for two years before moving to work and live in Exeter. Now her children are at school she has returned to the clinic to work on Tuesdays.



Una Tracey BA MBACP DC MMCA

Chiropractor McTimoney Approach

After graduating in English, Una first worked in Bookselling and then in the Life Sciences Industry. She realised that Chiropractic could be a more satisfying way to combine her interests in people and health. She qualified in McTimoney Chiropractic in 1996, and in Counselling 2012. Una brings a unique blend of compassion, humour and sensitivity to her work.



Jeanie Blackall, BSc, Cert ECBS MBTER, FICHT, ITEC

Bowen Technique, Massage, Aromatherapy, Emmett, Reflexology.

Having trained as a physicist, Jeanie was somewhat of a nomad for many years, trying various jobs and travelling the world. In the 1980s she embarked on a new career in massage and bodywork. She has taken numerous trainings and incorporates a range of skills and techniques in her treatments. Jeanie is a keen gardener and her natural healing abilities enrich her practice.



Audrey Smith BA Phil CYT CET

Embodiment™ practitioner, Svaroopa™ yoga teacher, Theta™ healer

Audrey discovered Svaroopa™, a unique style of yoga from America, after a serious back injury abruptly curtailed a passionate career in surfing. Her spine finally began to heal through practising this type of yoga. Her love is to share what she considers the magic of 'opening' one's spine. With over 15 years of experience Audrey is one of the few Svaroopa™ practitioners in the UK. She also offers a new cutting edge therapy called Theta™, an elegant system using the theta brain wave and kinesiology for physical, mental, emotional and spiritual healing.



Simon King BA Phil MBAC MRCHM

Acupuncture and Chinese Medicine

Simon gained a first class degree in philosophy before studying Acupuncture and Chinese Medicine in the mid 1980s. He set up a clinic in Exeter where he still works with his wife. He learnt to read medical Chinese at an early stage and having access to Chinese books and journals has been an important influence on his work. As well as greatly enjoying practicing he also teaches Herbal Medicine.



John Spurr BSc(Hons) BA(Hons) MCSP Physiotherapist

After graduating in 2001 with a degree in Philosophy, John fell in love with Exmoor and the North Devon coast. He found true inspiration in the benefit of physical therapy to counter the effects of being a keen surfer and musician. Qualification and practice in both holistic and sports massage therapy only fueled his ambition, leading him to return to study in 2011 and gain a degree in physiotherapy. John has now settled in the area with his wife and loves surfing, photography, tennis and music.



Charlotte Yonge PhD DipEL Cert CJEA

Expressive Therapy and Health Research

Charlotte was brought up in East Africa and is a qualified teacher, play trainer and coach. Since gaining a PhD in children's language and learning in 1998, she has developed individual expressive therapy and coaching for children and adults, integrating expressive arts, mindfulness and creative journal. She enjoys walking, meditation and drumming.

